

### ***A lump in the throat – the 2007 ENT study day . . . pages 248-272***

It's ten years since we started our annual ENT study day. The study day is an overall look at the activities in our unit in relation to the subjects discussed. Positive feedback from colleagues in hospital and general practice has been encouraging and stimulated the programme to continue. A number of distinguished guest speakers have strengthened the faculty over the years. These have included Mr Navin Shah, the Institute of Laryngology and Otology, London; Professor Glenys Scalding, the University of London; Professor Richard Ramsden, the University of Manchester; Professor Patrick Bradly, Queens University, Nottingham; Professor Valerie Lund, the University of London; and Mr Raymond Clarke, Alder Hey Hospital, Liverpool. Also, the nurse specialists: Andrew Fishburn from Preston, and Ms Alison Flynn from Alder Hey Hospital, Liverpool.

The topics covered over the years have included: common otological problems; common paediatrics ENT disorders; the dizzy, giddy and vertiginous patient; emergencies in ENT; rhino-sinusitis; head and neck cancer; and the role of specialist nurse in ENT practice.

The topic for 2007 was 'Early Detection of Head and Neck Cancer' and we were honoured to add to the list of distinguished speakers the name of Nick Roland. Mr Roland is Consultant Otolaryngologist at Aintree University Hospital, Liverpool. Mr Roland has a special interest in head and neck cancer and has published extensively on the subject. As Chair of the Merseyside and Cheshire Head and Neck Cancer Network he has been very supportive of our efforts in establishing the IOG-compliant neck lump clinics around Morecambe Bay. It was appropriate for the meeting to be opened by Tony Halsall, Chief Executive of University Hospitals of Morecambe Bay. He and Mr Roland worked together on Merseyside developing models for cancer care in the days of primary care fundholding. For our meeting Mr Roland was accompanied by local experts Mr Mark Tomlinson, Consultant Vascular and Endocrine Surgeon, Mr John Ossamor, Associate Specialist Otolaryngologist and one of the trainees, Dr Bethan Evans. I am pleased to publish accounts of the meeting in the *Journal* and wish to invite you to our 2008 meeting on 12 December. Adam Lucas and Linda Pedder who have looked after us so well in the Education Centre can be trusted to provide the usual high quality organisation.

Mohamed Baraka, Consultant ENT Surgeon

### ***Tracheostomy – surgical procedure or intensive care intervention? . . .***

Charlie Granger and Rachel Markham defend intensive care practice and discuss the involvement of surgeons with Rachael Morris-Smith and Mohamed Baraka. Abid Iqbal and Navin Mani provide the background information . . . pages 264-269

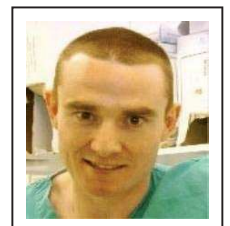
### ***Service developments . . .***

Darren Hargreaves and Isabel Quinn have moved cancer services forward. Paul Marshall demonstrates flexible nails . . . pages 270-272, 277-278



### ***Obituary . . .***

Charlie Granger mourns the loss of a colleague . . . page 281



***Mind and body . . .*** Undiagnosed physical illness is an important cause of mental disorder. Mohamud Ege, Deepak Garg and Marc Roffey investigate whether this influences psychiatric practice . . . page 273

***Medicine at the frontier . . .*** Lancashire PCT chair, William Bingley, describes a very different sort of health service . . . page 279